

6th ACA Europe Paddlesports Symposium 2015

Friday, 2nd – Sunday 4th October 2015

Location

Shadwell Basin Outdoor Activity Centre
3-4 Shadwell Pierhead, Glamis Road, London E1W 3TD
www.shadwell-basin.co.uk/

Accommodation and catering facilities

Shadwell Basin Outdoor Activity Centre (basic accommodation, please bring your own sleeping bag)

With prior arrangement with Shadwell Basin Outdoor Activity Centre, participants may arrive any time in the week leading up to the Symposium and may also stay for a few days afterwards. The accommodation will be camp-beds on the floor of the Montessori School at £10 a night. In the days before and after the Symposium, guests must clear their belongings from the school by 7am when the school staff arrive.

We have access to full kitchen facilities for breakfasts and lunches. We can arrange for the delivery of provisions from a local supermarket.

Hotels near Shadwell Basin

www.tripadvisor.co.uk/HotelsNear-g186338-d1676164-Shadwell_Basin-London_England.html

Lectures and workshops

all free of charge

Experience report:

Dan Abel & Sarah Wallis. Experiences of paddling the Yukon River Quest 2015

Tour / Paddling:

Natalie Maderova & Michal Madera. Guided tour on the tidal Thames, including architecture tour and sights of London. For experienced paddlers – seakayak, canoe

Workshops:

Jan Van Hees. Profiling paddlers of all proficiencies. Indoor, all disciplines

Jan Van Hees. Introducing stress to improve paddling skills. Indoor, all disciplines

Kelvin Horner. Praise & positive framing in coaching. Indoor, all disciplines

Greg Spencer. Open Canoe sailing. Outdoor, touring canoe

Sorry, no updates available at the Symposium!

Expenses

Symposium charge	£ 45 per person (€ 60)
Accommodation Shadwell Basin	£ 10 per night and person (€ 14)
Boat (Seakayak, Open Canoe) & paddle	£ 15 per person, 1 - 3 days (€ 20)

Please pay cash at the Symposium. In £, if possible.

Please bring your own personal paddling gear like PFD, neo/drysuit, etc.).

Additional:

Dinner & beverages (Breakfasts and lunches are included in the Symposium charge)

Friday: Pizza

Saturday: BBQ

What you have to to now

Simply join our Symposium! –

And send Greg greg.spencer@aca-europe.org the following informations:

- **Date and approx. time of arrival**
- **Date and approx. time of departure**
- **Name & address**
- **Accommodation: Shadwell Basin or other place (name of hotel).
Any place other than Shadwell Basin has to be booked by you.**